

Balika Vidyapith Lakhisarai (811311)

CLASS - 5

SUBJECT - EVS

Based On NCERT

Date - 03/08/2020

Chapter - 3(Revise)

*** Food , Health And Diseases ***

B. Fill in the blanks .

1. Fats are made up of

**2. Vitamins and minerals protect us
against**

**3. Excess intake of Can make us
obese .**

**4. Protects the heart , joints and
brain .**

5. Deficiency of vitamin D causes

Home work

Do it in copy

Jyoti

